



# PSYCHEDELIC PEER SUPPORT WORKSHOP

SUPPORTING AND INTEGRATING  
CHALLENGING PSYCHEDELIC EXPERIENCES

THU, MARCH 15 | 1 – 6PM

Pre-Register: \$50 / \$40 Students  
Door: \$60 / \$50 Students

THE LITTLE CHURCH

5138 NE 23rd St  
Portland, OR 97211

[ZENDOPROJECT.COM/PORLAND](http://ZENDOPROJECT.COM/PORLAND)

## CONTEXT

This year, millions of people will use psychedelics outside of supervised medical contexts, many of them for the first time. Difficult psychedelic experiences can be frightening, but also potentially among the most valuable experiences someone can have. What can you do to help someone having a difficult psychedelic experience? What techniques are available for helping transform a potentially traumatic situation into a positive or even therapeutic one? What role has MAPS and the Zendo Project played at festivals, and what take-home messages are available for others interested in psychedelic harm reduction? Teachings are appropriate for health care professionals as well as the general public. Health care professionals will be able to incorporate the tools and practices offered in this program in ways beneficial to clients or patients.

## WORKSHOP

Topics include: physical, mental, and emotional effects of psychedelics; factors that contribute to a difficult experience; Zendo Project's four principles of psychedelic support; tools, techniques, and protocols; sitter self-care; assisting the integration of a psychedelic journey; ethical guidelines for psychedelic peer counseling.

## PRESENTERS

Ryan Beauregard, Zendo Manager  
Dr. Erica Zelfand, Family Physician  
Timothy Crespi, LPC, CADC CE

## CONTACT

For questions about these CE accreditations, please visit [spiritualcompetency.com](http://spiritualcompetency.com) or contact David Lukoff, PhD at [ce@spiritualcompetency.com](mailto:ce@spiritualcompetency.com).

## CE CREDITS

This training workshop is approved for CE credits for eligible professionals. **Details:** American Psychological Association: The Spiritual Competency Resource Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Spiritual Competency Resource Center maintains responsibility for this program and its content. California Board of Behavioral Sciences accepts CE credits for license renewal by LCSWs, MFTs, LPCCs, and LEPs for programs from CE approved sponsors of the American Psychological Association. LCSWs and MFTs from states other than California need to check with their state licensing board for approval. SCRC is approved by the California Board of Registered Nursing (BRN Provider CEP16887) for licensed nurses in California.

The Zendo Project  
is a department of



**MAPS**  
MULTIDISCIPLINARY ASSOCIATION FOR PSYCHEDELIC STUDIES